Build your HOD Medical Team!

General Practitioner

Manages all general health (non HOD) medical concerns.

Neurologist

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Manager of HOD Symptoms, orders testing and required therapies. Determines Imaging and visit frequency.

Psychologist

We recommend a practitioner that specializes in Chronic illness or Grief

Psychiatrist (OPT)

Helpful if medication is required. This can be handled by GP as well

Neuro Physical Therapist

Vestibular physical therapy and other gait/balance therapies as needed

Occupational Therapy

Supports safety within the home. Suggests accessibility needs.

Movement Specialist

If Ataxia is present. Utilizes Neuro Plasticity to help patient learn how to move safely.

Speech Language Pathologist Conducts swallow therapy,

speech therapy, and cognitive therapy

Neuro Psychologist

Conducts cognition testing. Frequency determined by patient and Neurologist

It i the patient's responsibility to ensure that all of your providers are connected to each other for optimal outcomes

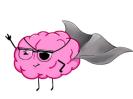


Hypertrophic Olivary Degeneration Association

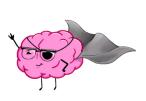


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Hero Tips



Always check with your medical insurance provider for coverage and referral rules.



Word of mouth is a terrific way to find great doctors. Don't be afraid to get multiple opinions before selecting a doctor or a treatment.

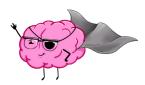


Your Neurologist will be the referring doctor for most other specialists and/or

testing. Make sure you are open and honest about all symptoms!

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Insist that all doctors coordinate care with each other for the best possible outcomes.



The patient always has the final say. If you are not comfortable with a test or treatment, you do not have to agree to it! You are the expert on your body!